



SPA MENU

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ABJA Spa invites you to discover an experience that will heighten your senses and evoke introspective changes in your views of protection, nobility, perfection, humility, strength and beauty; these ingredients are essential in forming a personality.

Our experts will guide you through each hydrotherapy station, preparing your body and mind for your selected treatment. Continue with your therapy, and embrace your desired harmony and beauty.



Soft



Medium



Deep

MASSAGE

The path to wellbeing

If your body requests it, your interior needs it



HARMONY MASSAGE 50 MIN/ 80 MIN

Regain your energy and inner peace through a series of gentle and soothing manipulations that unite and harmonize your body. This massage will help relieve the stress and fatigue accumulated during the daily routine.



SPORTS MASSAGE 80 MIN

A revitalizing deep pressure massage that will increase energy in the body through dynamic and invigorating manipulations. Ideal for active people who would like to feel energized throughout the day.



THERAPEUTIC MASSAGE 80 MIN

An excellent combination of personalized techniques integrated in one massage. Lymphatic drainage, reflexology, acupressure, shiatsu and stretching, among other methods, make this therapy an experience of relaxation and liberation.



DEEP TISSUE MASSAGE 50 MIN/ 80 MIN

A specialized technique with deep, slow movements that work on a muscular level to eliminate the contractions caused by the stress of daily life, exercise and sports.



QUIRO-GOLF MASSAGE 80 MIN

An exclusive, original treatment incorporating the use of golf balls. It helps to release innumerable sensations, through diverse and coordinated manipulations and pressures that work on the muscles and joints. Ideal for eliminating stress and anxiety, as well as recovering physical and mental energy.



TENDERNESS MASSAGE 50 MIN

A unique experience that creates a sublime connection between mother and baby. Alleviates the feeling of heaviness in the legs, hips and womb, and provides the skin with increased elasticity through the application of natural balms and essential oils. During the 50-minute massage, your skin will be caressed by a regenerating facial as well.

FACIALS

The path to enlightenment
Caring for the window to our soul

THE CURE 80 MIN

THE SECRET OF CHANGE IS WHERE YOU FOCUS YOUR ENERGY

A detoxifying enzymatic cure with a thermal effect that helps purify the pores, this facial provides a feeling of freshness and revitalization. Your skin will be left clean, soft, moisturized and protected.

ORGANIC WHITE TEA FACIAL 50 MIN

An organic treatment with unique actives such as white tea extract and oils of cashew, sunflower seeds, and soy, which provide your face with intense hydration. The effects are anti-oxidant, anti-pollution and anti-aging.

CITRUS FACIAL 80 MIN

Caresses your face with 100% vitamin C citrus essence, which stimulates the production of active collagen to renew the firmness and elasticity of your skin; an anti-oxidant treatment that repairs skin damaged by sun and pollution, leaving it soft and hydrated.

DIAMOND ENERGY EXPERIENCE FACIAL 80 MIN

Designed to treat skin that has been devitalized due to environmental stress or cellular damage. Redefines the facial oval, spectacularly recovers elasticity, unifies the skin tone and visibly improves its texture.

FACIAL B-CALM 80 MIN

Designed to rebalance the skin "microbiota" that produces the profound comfort of being in your skin, proven effectiveness for sensitive and intolerant skin under dermatological control. Incorporates the use of hypoallergenic products.

FACIALS

The path to enlightenment Caring for the window to our soul

MEN'S FACIAL 80 MIN

Shi-Zen-Detox are the words that include this cleansing, anti-fatigue treatment. It begins with a deep cleansing and application of active agents such as birch sap, vitamin C, and trace elements (dietary minerals) that are integrated into a relaxing massage; leaving the skin fresh and revitalized.

EXCEL THERAPY 80 MIN
It acts entirely on the main aging indications by activating and strengthening the skin's defenses to prevent and stop the process of premature aging.

LESS IS BEAUTY 40 MIN

A smooth gommage scrub (granulation-free) that reveals a silky smooth skin in three phases: a protein exfoliant, based on alpha-amino acids to awaken tired skin; a gentle renewal to rejuvenate the appearance of the skin, and an oil essence to leave a remarkably smooth touch finish. The result is a noticeably brighter refined skin, and a uniform complexion.

WELL AGING 80 MIN

Stimulate the limbic system, centered on three flows: aroma, sound, and touch. It is rich in plasma which in turn botanical cell factors, including cotton, green carrot, pomegranate, and Phyto-Peptides of turmeric and sparkling root, known as the longevity plant to help the skin nurture its regenerative abilities.

TIME EXPERT LIFT (IN) 80 MIN
A high-performance system with assets programmed to rebuild the mesh that outlines the framework of the dermis and restore the firmness from within. On the other hand, a Tandem of Calcium and Glucose of biotechnological origin helps increase the density of the skin. As the surface features enhance, wrinkles become less visible. The volumes of the face are filled and repositioned redefining the oval's contours.

THERAPIES HARMONIZERS

The path to transformation

Pampering your body and caressing your senses

NEURO-AROMA CANDLE MASSAGE 80MIN

CARE FOR YOUR EXTERIOR AS WELL AS YOUR INTERIOR; TOGETHER THEY CREATE HARMONY

Experience incredible sensations during this massage, which works on the meridians of the body with a combination of digital pressure and smooth manipulations. Select the aroma of your choice and enjoy the warmth and softness of your candle: lavender, rose, passion fruit or vanilla.

ROMANTIC MASSAGE 60 MIN

Enjoy magical moments and experience a treatment with gentle techniques combined with essential oils to induce relaxation. At the end, you will sparkling wine accompanied by chocolate-covered strawberries.

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CASA VELAS HERBAL RITUAL 80 MIN

Sharpen your senses during a spiral healing technique with compresses filled with aromatic herbs and botanicals such as orange peel, cloves, bay leaves and horsetail, among others. You'll obtain countless benefits!

BODY TREATMENTS

The path to renovation

Allow your skin to breathe as well

AFTER SUN 50 MIN

A renewal and hydration treatment with aloe vera, whose calming effect reduces the burning sensation and irritation caused by sun exposure. Its citrus and seaweed concentrates also help avoid peeling. Enhance this treatment with a facial to help your skin regain lost fluids and return vitality and smoothness to your face.

À LA CARTE EXFOLIATION 50 MIN

Personalize your body cleansing by selecting the exfoliant that best suits your preferences. Its color, aroma and texture will leave your skin extraordinarily soft and silky. Your options are : Vitamin C (antioxidant), Bamboo (firming) or Chocolate (energizing).

CITRUS 50 MIN / 80 MIN

A body wrap using natural ingredients such as crystallized honey, shea butter and vitamin C, which protect the skin from dryness and premature aging, providing it with rejuvenating, antioxidant and firming power from the very first session.

NON TOXIC 80 MIN

An extra smooth and creamy polish with luffas charged with an exquisite 'Beauty Elixir' stemmed from spirulina and moisturizing qualities all handcrafted.

RITUAL

BAMBOO

80

MIN

Discharge dead cells from the epidermis by massaging with its oil base, giving the body a source of phenolic antioxidants while the muscles and joints are pleasantly massaged.

ABJA RITUALS

The path to healing
Finding your inner balance

REFLEXOLOGY 50 MIN

An alternative therapy that stimulates the organs using digital pressure on the hands, feet and ears. It stabilizes the nervous system to achieve deep relaxation, eliminating accumulated stress and fatigue. This treatment is accompanied by subtle aromas that will optimize your perception.

PRE-HISPANIC STONE THERAPY 80 MIN

Levels and balances the different energy centers of the body. The principal elements of the therapy are volcanic and river stones in various textures, sizes and shapes, which generate internal heat to provide deep relaxation of the body, mind, and soul.

LOMI-JUMA THERAPY 50 MIN

The healing cultures of the Mediterranean and the Pacific Ocean come together to create a unique and original experience. A massage using Hawaiian techniques helps you recover your vital energy.

BEAUTY SALON

Spa Manicure 50 MIN

An intensive treatment to soften and hydrate your hands, providing them with a beautiful, natural appearance. Begins with an exfoliation to eliminate dead skin cells and continues with a manicure and application of a nourishing cream.

Spa Pedicure 60 MIN

Begins with an exfoliation, followed by a cool, fresh mask. Concludes with a relaxing massage and nourishing cream.

Casa Velas Manicure and Pedicure 110 MIN

An exclusive treatment featuring a relaxing hand massage with reflexology points, accompanied by a paraffin treatment. The pedicure includes a massage with hot stones, which help to soothe and relax inflamed feet.

PRICE LIST

MASSAGES

Harmony		50 min / 80 min	\$148 / \$180
Sports		80 min	\$180
Therapeutic		80 min	\$180
Deep Tissue		50 min / 80 min	\$150 / \$180
Quiro-Golf		80 min	\$180
Tenderness		50 min	\$148

FACIALS

Org. White Tea		50 min	\$148
Citrus		80 min	\$180
Diamond Energy Experience		80 min	\$180
B-calm		50 min	\$180
Men's Facial		80 min	\$180
Oxigenante Excel		80 min	\$180
Less is beauty		40 min	\$148
Well Aging		80 min	\$180
Time expert lift (in)		80 min	\$180
The Cure		80 min	\$180

SPECIALS

Neuro-Aroma Candle Massage		80 min	\$180
Romantic Moonlight		80 min	\$380
Massage Casa Velas Herbal Ritual		80 min	\$210

BODY TREATMENTS

After Sun		50 min	\$148
À la Carte Exfoliation		50 min	\$148
Citrus		50 min/80 min	\$148/\$180
Non Toxic		80 min	\$180
Bamboo Ritual		80 min	\$180

ABJA RITUALS

Reflexology		50 min	\$148
Pre-Hispanic Stone Therapy		80 min	\$180
Lomi-Juma Therapy		50 min	\$148

BEAUTY SALON

Spa Manicure			\$60
Spa Pedicure			\$80
Casa Velas Manicure & Pedicure			\$120
Polish change			\$20
Wash and dry			\$60
Basic Manicure			\$40
Basic Pedicure			\$50

Prices are listed in USD and include tax. Charges apply for additional services.



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