

PASTA

(Daily gluten free options available,
please ask staff for details)

PENNE ARRABBIATA ✓	£11.90
Arrabbiata spicy sauce for pasta made from garlic, tomatoes, red pepper flakes and parmesan	
SPAGHETTI BOLOGNESE	£13.90
Minced beef, tomato salsa, shaved parmesan	
SPAGHETTI CARBONARA	£13.90
Bacon, egg yolk, parmesan cheese in creamy sauce	
RAVIOLI DI RICOTTA E SPINACI CON BURRO E SALVIA	£13.90
Hand made ravioli filled with ricotta cheese and spinach, butter and sage sauce	
LASAGNA DELLA NONNA	£13.90
Traditional beef lasagne, grandma recipe	
PENNE AL SALMONE	£14.90
Oak smoked salmon ribbons freshly prepared with a touch of cream, fresh lemon	
SEAFOOD SPAGHETTI	£14.90
Mussels, prawns, calamari, garlic, olive oil, cherry tomatoes & rocket	
PRAWNS TAGLIATELLE	£14.90
Fresh tagliatelle, fresh chilli, garlic, cherry tomatoes, rocket	
TAGLIATELLE ALFREDO	£14.90
Chicken breast, mushroom, parmesan, cream sauce	
GNOCCHI	£14.90
With cream Gorgonzola sauce or tomato butter sauce	

RISOTTO

PORCINI MUSHROOM RISOTTO ✓	£12.90
With wild porcini mushrooms, basil, vegetable juice, truffle oil, butter, parmesan	
ASPARAGUS RISOTTO ✓	£12.90
Asparagus, lemon, dill, vegetable juice, truffle oil, butter, parmesan	
PRAWNS RISOTTO	£13.90
Prawns, safran tomato sauce, truffle oil, cherry tomatoes & rocket	
CHICKEN ALFREDO RISOTTO	£13.90
Chicken, mushrooms, butter	

SAUCES

TARTARE SAUCE	£2.50
MUSHROOM SAUCE	£2.50
PEPPERCORN SAUCE	£2.50

SHARING PLATTERS

CHEESE PLATE	£14.90
Parmesan cheese, Gorgonzola cheese, Emmental cheese, Edam cheese, black grapes, walnut, green apples, homemade grissini	
FRITTO DI GAMBERI, CALAMARI E ZUCCHINE	£14.90
Fried prawns, calamari, zucchini, tartar sauce, mixed lettuce and cherry tomatoes	
ANTIPASTI MISTI	£18.90
Burrata, salmon bruschetta, olives, parma ham, salami, sundry tomatoes, baby artichokes, homemade grissini	

KIDS MENU £10.90 EACH

HOMEMADE BURGER & CHIPS
MARGARITA PIZZA
SPAGHETTI BOLOGNESE
CHICKEN FILLET & CHIPS
SAUSAGES & CHIPS

SALADS

GRILLED GOAT CHEESE SALAD ✓	£13.90
Grilled goat cheese served with mixed salad, orange slices, black seed, cucumber, cherry tomato, walnut, balsamic sauce	
CHICKEN CAESAR SALAD	£13.90
Grilled chicken, baby gem, Caesar dressing, cherry tomatoes, boiled egg, croutons, shaved parmesan	
GREEN LENTIL SALAD ✓	£13.90
Green lentil, avocado, spinach, beet, red onion, tomatoes, goat cheese, lemon sauce	
GREEK SALAD ✓	£13.90
Red pepper, green pepper, red onion, cucumber, tomatoes, olives, feta cheese, parsley	

SIDES

HOUSE FOCACCIA	£2.50
FRIES	£3.50
MIXED HOUSE SALAD	£3.50
SAUTEED SPINACH	£3.50
MASHED POTATOES	£3.50
BROCCOLI WITH GARLIC	£4.50
NEW POTATOES W/ CHORIZO & BUTTER	£4.50
OLIVE OIL, BALSAMIC BREAD	£5.90
ASPARAGUS	£6.90

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Italian Restaurant



@mezzoroma



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www.mezzoroma.co.uk
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BREAKFAST AND BRUNCH

Served Monday – Friday from 12.00 to 4 pm - Saturday-Sunday from 10.00am until 4 pm. Coffee or tea included

MEZZOROMA FULL ENGLISH	£11.50
2 Organic eggs, 2 bacons, 2 sausages, 2 hash browns, mushrooms, beans, cherry tomatoes with toasted bread	
VEGETARIAN BREAKFAST 	£11.50
2 Organic eggs, 2 hash browns, 2 vegetarian sausages, mushrooms, beans, cherry tomatoes and toast bread	
EGGS BENEDICT	£11.50
2 Poached organic eggs and ham on sourdough muffins with hollandaise sauce	
EGGS ROYAL	£11.50
2 Poached organic eggs and smoked salmon, on muffin hollandaise sauce	
AMERICAN STACK	£11.50
2 Pancakes, 2 bacon's, 2 sausages, fried egg and maple syrup	
FRENCH TOAST	£11.50
Slices of brioche, soaked in beaten eggs with milk and cinnamon, toasted in frying pan, served with fresh fruit & yoghurt	
MEDITERRANEAN BREAKFAST 	£11.90
2 Grilled halloumi, 2 hash browns, 2 organic eggs, beans, mushrooms, olives, cherry tomatoes, with toasted bread	

OMELETTES

Served with fries and salad
Create your own

PLAIN OMELETTE	£6.50
EACH ITEM AT EXTRA COST	£1.75
Cheese / Mushroom / Spinach / Ham / Onion	

PANINIS

Served with fries and salad

GOAT CHEESE PANINI 	£8.90
Spinach, caramelised onion	
PARMA HAM PANINI	£8.90
Mushroom, mozzarella	
CHICKEN AVOCADO PANINI	£8.90
Grilled chicken with avocado	
TUNA MELT	£8.90
Red onion, cheddar cheese	

COLD STARTERS

MIXED SICILIAN AND GAETA OLIVES	£5.90
Served with our focaccia bread	
HUMMUS 	£5.90
Traditional and homemade hummus, served with mixed olives and focaccia bread	
TZATZIKI	£5.90
Yogurt mixed with cucumbers, garlic, salt & olive oil	
SALAD TRICOLORE 	£7.90
Avocado, mozzarella, tomato, olives, pesto sauce	
TOMATO BRUSCHETTA 	£7.90
Tomatoes, garlic, olives, parmesan cheese, fresh basil pesto sauce	
BURRATA 	£9.90
Fresh pure buffalo burrata with pumpkin puree, almond	
SMOKED SALMON	£9.90
Wild Alaskan smoked salmon with mixed lettuce, cherry tomatoes and olive oil	

HOT STARTERS

SOUP OF THE DAY	£5.90
FALAFEL  (4 PC)	£6.90
A mixture of ground chickpeas, broad beans and vegetables seasoned with spices served hummus	
GRILLED HALLOUMI (4 PC)	£7.90
Served with mixed lettuce, cherry tomatoes and olive oil.	
GARLIC PIZZA BREAD	£7.90
GARLIC PIZZA BREAD WITH CHEESE	£8.90
WHITE BAIT (10 PC)	£8.90
Served with mixed lettuce and lemon	
ASPARAGI ALLA GRIGLIA  CON PARMIGIANO	£8.90
Grilled asparagus, beet, hollandez sauce, with parmesan	
CALAMARI FRITTI	£8.90
Served with mixed house salad, tartar sauce	
TEMPURA KING PRAWNS	£9.90
Mezzoroma special king prawns with tartare sauce	
GAMBAS PIL PIL, GARLIC & FRESH CHILLI	£9.90
King prawns, tomatoes, immersed with olive oil and complemented with garlic & chilli	
MARINATED MUSSELS	£9.90
Fresh chilli, thyme, garlic, parsley served with (Creamy white wine garlic sauce or tomato sauce) served with focaccia bread	
SHREDDED LAMB TACOS	£11.90
Braised angora lamb barbecue sauce mix lettuce, tortilla	

MAINS COURSES

MEZZOROMA CHICKEN BURGER	£11.90
Fried chicken fillets, served with lettuce and fries.	
MEZZOROMA SPECIAL BURGER	£12.90
Among the burgers and bread made by ourselves, pickles with mayonnaise, cheddar cheese caramelized onion, crispy bacon, fries	
CHICKEN SCHNITZEL	£13.90
Potato salad, rocket, cherry tomatoes, lemon	
CORN CHICKEN BREAST	£14.90
Marinated chicken breast, with mashed potatoes, broccoli, served with creamy mushroom sauce	
BEEF STROGANOFF	£17.90
Julienne steak, infused with mushroom, pickles, onion, served with mashed potatoes, broccoli	
GRILLED SEA BASS (2 FILLETS)	£18.90
Beluga lentils or mashed potato, pumpkin puree, asparagus, lemon butter sauce	
GRILLED SALMON	£18.90
Beluga lentils or mashed potato, pumpkin puree, asparagus, lemon butter sauce or teriyaki sauce	
GRILLED LAMB CHOPS (3 PC)	£21.90
Mashed potatoes, broccoli, peppercorn sauce	
RIB - EYE STEAK (250 GR 10 OZ)	£24.90
Scottish Grilled Rib - eye steak served with baby potatoes, grilled tomatoes, broccoli, asparagus served with peppercorn sauce	
SIRLOIN STEAK (250 GR 10 OZ)	£24.90
Scottish Grilled sirloin steak served with baby potatoes, grilled tomatoes, broccoli, asparagus served with peppercorn sauce	
SEAFOOD PLATTER (FOR 2)	£42.90
Deep fried calamari (8 pc), tempura king prawns (8 pc), white bait (8 pc), sea bass (2 pc), salmon (1 pc) served with two choices of sides: mixed house salad/ sauteed spinach/ mashed potatoes /fries / broccoli	
GRAND MEZZO GRILL (FOR 2)	£42.90
Lamb chops (4 pc), chicken breast (2 pc), sirloin steak (1 pc) served with two choices of sides: mixed house salad / sauteed spinach / mashed potatoes /fries / broccoli	

GOLD LEAF BURGER £50

Your choice of Burger wrapped in 24 carat gold leaves.

GOLD LEAF STEAK £125

Your choice of Rib-Eye Steak, Sirloin Steak wrapped in 24 carat gold leaves.

PIZZAS

MARGHERITA 	£10.90
Tomato sauce, mozzarella, basil and olive oil	
FUNGI 	£12.90
Tomato sauce, mozzarella, mushrooms	
PEPPERONI	£13.90
Mozzarella, pepperoni, tomato sauce, jalapeño	
CAPRESE 	£13.90
Mozzarella, cherry tomatoes, basil, olive oil, parmesan	
POLLO ARROSTO	£13.90
Chicken breast, red peppers, mushroom, tomato sauce	
CALZONE	£13.90
Mozzarella, pepperoni, ham, mushrooms, tomato sauce	
QUATTRO FORMAGGI	£13.90
Gorgonzola cheese, goat cheese, parmesan, mozzarella	
FRUTTI DI MARE	£13.90
Mixed seafood, garlic black olives	
PADANA 	£13.90
Goat cheese, caramelised onion, spinach, mozzarella, tomato sauce and olive oil	
VEGETABLE PIZZA	£13.90
Seasonal vegetable, garlic, onion, corn, tomatoes sauce, mozzarella cheese, pesto sauce	
BRESAOLA	£16.90
Mozzarella, tomato sauce, rocket, parmesan	
ITALIAN MEAT FEAST	£18.90
Parma ham, pepperoni, salami milano, bresola, mozzarella	